



## **Long Distance Communication still possible – Email a Loved One Today!**

Due to the demands of work, kids and life many in our society find themselves taking on the role of long-distance caregiver. An especially difficult task when one is helping a loved one with dementia and Alzheimer's disease, not only because the distance hinders us from seeing what this disease is doing physically to our loved one, but our phone line based communication is based on early learned social graces and conversation cues, which can mask the actual progression of the disease.

If you are a long-distance caregiver, please know you are not alone. In today's society many families find themselves telecommuting care to loved ones across states, countries and even oceans. However, it is important to recognize the benefits that a long-distance caregiver can still have on their loved ones quality of life and the support they can provide to those regularly assisting their loved one.

As a long-distance caregiver one of the key things you can do is keep the lines of communication open and going. In the initial stages this might mean calling your loved one every day. Over time it may transition into coordinating in-home care or setting up doctor appointments. Typically as the disease progresses and the care needs grow, so does the need for more communication.

At Azura Memory Care we recognize that our residents need enhanced communication help, which is why we have created our "E-mail a Loved One" service through our website [www.azuramemory.com](http://www.azuramemory.com). This service is free and can be used by anyone to submit messages to a resident at Azura Memory Care.

Once received the message is printed, delivered and communicated to the resident as soon as possible. We then do our best to keep the line of communication open by contacting the writer to share with them the response their message creates. Thus far this service has been used by numerous family members and friends with great success.

In fact, we have been able to share holiday greetings, baby announcements and just thinking of you wishes. Regardless of the message we find it is a great way to brighten the day of both the sender and the receiver. Of course, phone calls and cards sent in the mail are also great avenues for communicating with your loved one, but we invite you to try out Azura Memory Care's free "E-mail a Loved One" service today!

Your messages help construct person-centered conversations and are just one more way we are working with you to create magical MOSAIC Moments for your loved one.

*Transforming the* **CULTURE** *of Care.*

Azura Memory Care offers a unique model of memory care services and programs for those suffering from dementia and Alzheimer's. The company believes in the importance of transforming the culture of care through transformational programming and educational outreach. Azura Memory Care offers 13 locations in Wisconsin including Beloit, Clinton, Eau Claire, Green Bay, Janesville, Kenosha North, Kenosha South, Manitowoc, Monroe, Oshkosh, Sheboygan, Stoughton and Wausau. Visit [www.azuramemory.com](http://www.azuramemory.com) for additional information