

Sing-A-Long Engagement



Purpose: To engage the person in an **opportunity to boost self-esteem, have the power to choose, to be needed and useful, to care for others and share joy and laughter.**

Prep: Have a sing-a-long CD and sing-a-long books ready for activity.

Presentation: Approach the resident using the proper MOSAIC techniques and invite them to participate in the engagement or inform them that you need their assistance. When used in a group setting, be sure to welcome and introduce each resident as they are

brought into the group, taking care to place residents facing non-traffic areas. Move around the group to engage all participants and offer them a chance to sing the songs and chose a song that they like.

Reminiscing Therapy: What is your favorite song? Who is your favorite musician? Do you like listening to music? Are you a good singer? Have you ever been to a concert? Who did you see and where was it? What is your favorite genre of music? Did you sing a goodnight song to your children? Did you sing at church? What was your wedding song?

Cognitive Therapy: Count the CDs or sort them by color. Name popular bands or singers in each generation. Play a song and have residents identify the name of the song or the artist or sing the next line. Talk about what instruments are playing in the song.

Active Therapy: Stack CDs. Listen to the music on the CDs and sing and dance along. Play songs the residents grew up with and let them sing along. Give instruments for them to use. Invite residents to play piano. Start singing and have residents join in.

Chore Therapy: Help stack and put away CDs, instruments, and other items involved in activity.

Creative Therapy: Have residents create their own music using instruments, take pictures and video for the residents' families. Give residents a microphone and allow them to be the star of the show. Give a concert.

Other Items to Enhance Engagement: Microphone, boas, top hat, instruments

Cleaning: Clean surfaces such as tabletops or floors after an activity if spills occur or if dirty. Disinfect items involved in engagement with antibacterial wipes, hot water and soap, or by following manufacturers' instructions. Launder fabric materials. If making a craft, wash residents' hands with soap and water.

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Go Tell it On the Mountain

While shepherds kept their watching
Over silent flocks by night,
Behold throughout the heavens,
There shone a holy light:
Go, Tell It On The Mountain,
Over the hills and everywhere;
Go, Tell It On The Mountain
That Jesus Christ is born.

Old Rugged Cross

On a hill far away stood an old rugged cross,
the emblem of suffering and shame;
and I love that old cross where the dearest and
best
for a world of lost sinners was slain.

Refrain:

So I'll cherish the old rugged cross,
till my trophies at last I lay down;
I will cling to the old rugged cross,
and exchange it some day for a crown.

O that old rugged cross, so despised by the
world,
has a wondrous attraction for me;
for the dear Lamb of God left his glory above
to bear it to dark Calvary.
(Refrain)

In that old rugged cross, stained with blood so
divine,
a wondrous beauty I see,
for 'twas on that old cross Jesus suffered and
died,
to pardon and sanctify me.
(Refrain)

My Country 'Tis of Thee

My country, 'tis of thee,
Sweet land of liberty,
Of thee I sing;
Land where my fathers died,
Land of the pilgrims' pride,
From ev'ry mountainside
Let freedom ring!

National Anthem

Oh, say! can you see by the dawn's early light
What so proudly we hailed at the twilight's last
gleaming;
Whose broad stripes and bright stars, through
the perilous fight,
O'er the ramparts we watched were so gallantly
streaming?
And the rocket's red glare, the bombs bursting
in air,
Gave proof through the night that our flag was
still there:
Oh, say! does that star-spangled banner yet
wave
O'er the land of the free and the home of the
brave?

Take Me Out to the Ballgame

Take me out to the ball game,
Take me out with the crowd;
buy me some peanuts and Cracker Jack,
I don't care if I never get back.
Let me root, root, root for the home team,
If they don't win, it's a shame.
For it's one, two, three strikes, you're out,
At the old ball game.

Sing-A-Long Starters - Holiday

Silent Night

Silent night, holy night
All is calm, all is bright
Round yon Virgin Mother and Child
Holy Infant so tender and mild
Sleep in heavenly peace
Sleep in heavenly peace

Silent night, holy night!
Shepherds quake at the sight
Glories stream from heaven afar
Heavenly hosts sing Alleluia!
Christ, the Savior is born
Christ, the Savior is born

Silent night, holy night
Son of God, love's pure light
Radiant beams from Thy holy face
With the dawn of redeeming grace
Jesus, Lord, at Thy birth
Jesus, Lord, at Thy birth

Away in a Manger

Away in a manger,
No crib for a bed
The little Lord Jesus
Laid down His sweet head

The stars in the bright sky
Looked down where He lay
The little Lord Jesus
Asleep on the hay

The cattle are lowing
The Baby awakes
But little Lord Jesus
No crying He makes

I love Thee, Lord Jesus
Look down from the sky
And stay by my cradle
'Til morning is nigh

Be near me, Lord Jesus,
I ask Thee to stay
Close by me forever
And love me I pray

Bless all the dear children
In Thy tender care
And take us to heaven
To live with Thee there

Musical Instrument Engagement



Purpose: To engage the person in an **opportunity to boost self-esteem, have the power to choose, to be needed and useful, to care for others and share joy and laughter.**

Prep: Musical instruments such as drums, shakers, piano, etc. Instructions in the creativity section for making individualized instruments with residents.

Presentation: Approach the resident using the proper MOSAIC techniques and invite them to participate in the engagement or that you need their assistance. When used in a group setting, be sure to welcome and introduce each chef as they are brought into the group, taking care to place residents facing non-traffic areas.

Move around the group to engage all participants and offer them a chance to use the different instruments

Reminiscing Therapy: Who is your favorite musician? What is your favorite genre of music? What is your favorite instrument? Did you ever play an instrument? What was your wedding song? What kind of music did you play for your children? Did your children ever play in the orchestra or band? Is anyone in your family a good singer?

Cognitive Therapy: Name as many instruments as you can. Sort the instruments by size, color, or shape. Talk about the different noises different instruments make. Talk about the techniques involved in playing music such as reading music, rhythm, sound level, etc. Play a song and have residents identify the instruments involved.

Active Therapy: Listen to music and use the musical instruments to go along with the beat. Shake the musical instruments or use a drum to create songs. Use the musical instruments as a form of exercise. Create a bell choir or daily Azura marching band or jam session.

Chore Therapy: Put away musical instruments into appropriate containers, clean the instruments

Creative Therapy: Make jingle bracelets or necklaces by threading jingle bells onto a piece of ribbon and tying end. Use other ideas from Creative Therapy- Music Engagement General

Other Items to Enhance Engagement: Aprons, chef hats, cookbook, recipe cards and holder, aromatic spices, bread maker, etc...

Cleaning: Clean surfaces such as tabletops or floors after an activity if spills occur or if dirty. Disinfect items involved in engagement with antibacterial wipes, hot water and soap, or by following manufacturers' instructions. Launder fabric materials. If making a craft, wash residents' hands with soap and water.

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Engagement Resource Guide

Musical Instrument Engagement, Continued:

Other Ideas:
