



ASSISTED LIVING • MEMORY CARE

Brookfield Fall/Winter Menu 2021-22

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
<b>Lunch</b>						
Beef Roast Corn Mashed Potatoes Gravy Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Florentine Shells in Marinara Sauce Garlic Bread Normandy Vegetable Blend Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Crunchy Baked Chicken Loaded Baked Potato Green Beans Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Baked Glazed Ham Scalloped Potatoes Baby Carrots Roll Baked Fresh Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey Roast Roasted Turkey Gravy Green Peas Egg Noodles Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	White Fish with Cream Peas & Onions Rice Pilaf Parsley Cauliflower Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pork Tenderloin Roasted Sweet Potato Green Beans Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water
<b>Dinner</b>						
Chicken Salad Sandwich On Croissant Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey on Pretzel Roll Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Polish Sausage Sauerkraut Baked Potatoes Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Shrimp Louie Plate On Boston Bibb Lettuce Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheese Pizza Tossed Salad Pasta Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Ham and Cheese On Ciabatta Roll Split Pea Soup Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Chili Cornbread Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 2

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
<b>Lunch</b>						
Spaghetti with Meat Sauce Lettuce Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pepper Steak Stir Fry Vegetables Rice Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Stew Biscuit Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Grilled Reuben Oven Roasted Potatoes Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Cordon Bleu Wild Rice Baby Carrots Chef Choice Dessert 2% Milk Coffee/Tea Water	Crab Cakes Baby Red Potatoes Green Beans White Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheese Enchilada Spanish Rice Refried Beans Corn White Bread Chef Choice Dessert 2% Milk Coffee/Tea Water
<b>Dinner</b>						
Chicken Sandwich On Pretzel Bun Chef Choice Dessert 2% Milk Coffee/Tea Water	BBQ Pork on a Lobster Bun Cole Slaw Jell-O with Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Dumpling Soup 1/2 Ham Salad on Rye Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheeseburger Soup 1/2 Deli Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Cabbage Rolls Fresh Baked Roll Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Ham & Potato Au Gratin Hawaiian Roll Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Mushroom Swiss Burger Hashbrowns Normandy Vegetable Blend Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 3

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
<b>Lunch</b>						
Pizza Salad Sunshine Carrots Buttered Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Pork Baked Potato Broccoli Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Lasagna Brussel Sprouts Garlic Toast Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Creole Pesto Shrimp Potato Gnocchi Caesar Salad Buttered Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Pot Pie Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Meatloaf Loaded Baked Potato Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Parmesan Prince Charles Blend Roll Bow Tie Pasta Chef Choice Dessert 2% Milk Coffee/Tea Water
<b>Dinner</b>						
Fish Sandwich Oriental Blend Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Chili Saltines Tossed Salad Choice of Dressing Cornbread Muffin Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey Club On Ciabatta Bun Cole Slaw Glazed Baby Carrots Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Burger on Bun Tator Tots Cranberry Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Loaded Macaroni & Cheese Peas & Pearl Onions Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Navy Bean Soup 1/2 Italian Summer Sausage Cheese Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Chef Salad Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 4

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
<b>Lunch</b>						
Sweet Sour Chicken Rice Pilaf Stir Fry Vegetables Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Pork Baked Potato Brussel Sprouts Homestyle Roll Sour Cream and Chives Chef Choice Dessert 2% Milk Coffee/Tea Water	Enchilada Spanish Rice Refried Beans Corn Tossed Salad Choice of Dressing Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Corned Beef Cabbage Red Potatoes Baby Carrots Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Beef Mashed Potatoes Roasted Beef Gravy Garlic & Herb Broccoli Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Florentine Shells in Alfredo Sauce Tossed Salad Choice of Dressing Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pizza Salad Broccoli Chef Choice Dessert 2% Milk Coffee/Tea Water
<b>Dinner</b>						
BBQ Beef on a Bun Potato Wedges Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Hearty Vegetable Soup Saltines Egg Salad Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Open Face Hot Turkey Sandwich Green Beans Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Dumpling Casserole Garlic Toast Green Beans Chef Choice Dessert 2% Milk Coffee/Tea Water	Tomato Basil Soup Saltines Toasted Cheese Sandwich Red Jell-O with Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Kielbasa in Sauerkraut Oven Fried Potatoes Chef Choice Dessert 2% Milk Coffee/Tea Water	Beer Cheeseburger Soup Saltines Turkey Cranberry Sandwich Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water

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