



ASSISTED LIVING • MEMORY CARE

Fox Point Fall/Winter Menu 2021-22

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
Lunch						
Beef Roast Corn Mashed Potatoes Gravy Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Florentine Shells in Marinara Sauce Garlic Bread Normandy Vegetable Blend Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Crunchy Baked Chicken Loaded Baked Potato Green Beans Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Baked Glazed Ham Scalloped Potatoes Baby Carrots Roll Baked Fresh Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey Roast Roasted Turkey Gravy Green Peas Egg Noodles Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	White Fish with Cream Peas & Onions Rice Pilaf Parsley Cauliflower Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pork Tenderloin Roasted Sweet Potato Green Beans Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Chicken Salad Sandwich On Croissant Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey on Pretzel Roll Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Polish Sausage Sauerkraut Baked Potatoes Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Shrimp Louie Plate On Boston Bibb Lettuce Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheese Pizza Tossed Salad Pasta Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Ham and Cheese On Ciabatta Roll Split Pea Soup Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Chili Cornbread Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 2

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
Lunch						
Spaghetti with Meat Sauce Lettuce Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pepper Steak Stir Fry Vegetables Rice Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Stew Biscuit Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Grilled Reuben Oven Roasted Potatoes Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Cordon Bleu Wild Rice Baby Carrots Chef Choice Dessert 2% Milk Coffee/Tea Water	Crab Cakes Baby Red Potatoes Green Beans White Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheese Enchilada Spanish Rice Refried Beans Corn White Bread Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Chicken Sandwich On Pretzel Bun Chef Choice Dessert 2% Milk Coffee/Tea Water	BBQ Pork on a Lobster Bun Cole Slaw Jell-O with Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Dumpling Soup 1/2 Ham Salad on Rye Chef Choice Dessert 2% Milk Coffee/Tea Water	Cheeseburger Soup 1/2 Deli Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Cabbage Rolls Fresh Baked Roll Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Ham & Potato Au Gratin Hawaiian Roll Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	Mushroom Swiss Burger Hashbrowns Normandy Vegetable Blend Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 3

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
Lunch						
Pizza Salad Sunshine Carrots Buttered Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Pork Baked Potato Broccoli Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Lasagna Brussel Sprouts Garlic Toast Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Creole Pesto Shrimp Potato Gnocchi Caesar Salad Buttered Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Pot Pie Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Meatloaf Loaded Baked Potato Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Parmesan Prince Charles Blend Roll Bow Tie Pasta Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Fish Sandwich Oriental Blend Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Chili Saltines Tossed Salad Choice of Dressing Cornbread Muffin Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey Club On Ciabatta Bun Cole Slaw Glazed Baby Carrots Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Burger on Bun Tator Tots Cranberry Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Loaded Macaroni & Cheese Peas & Pearl Onions Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Navy Bean Soup 1/2 Italian Summer Sausage Cheese Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Chef Salad Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 4

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Sweet Rolls Egg Omelet Toast Fruit	Scrambled Eggs Bacon Toast Fruit	Pancakes Fruit	Denver Scramble Fruit	French Toast Casserole Fruit	Scrambled Eggs Sausage Toast Fruit	Corned Beef Hash Casserole Fruit
Lunch						
Sweet Sour Chicken Rice Pilaf Stir Fry Vegetables Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Pork Baked Potato Brussel Sprouts Homestyle Roll Sour Cream and Chives Chef Choice Dessert 2% Milk Coffee/Tea Water	Enchilada Spanish Rice Refried Beans Corn Tossed Salad Choice of Dressing Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Corned Beef Cabbage Red Potatoes Baby Carrots Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Beef Mashed Potatoes Roasted Beef Gravy Garlic & Herb Broccoli Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Stuffed Florentine Shells in Alfredo Sauce Tossed Salad Choice of Dressing Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pizza Salad Broccoli Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
BBQ Beef on a Bun Potato Wedges Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Hearty Vegetable Soup Saltines Egg Salad Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Open Face Hot Turkey Sandwich Green Beans Cole Slaw Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Dumpling Casserole Garlic Toast Green Beans Chef Choice Dessert 2% Milk Coffee/Tea Water	Tomato Basil Soup Saltines Toasted Cheese Sandwich Red Jell-O with Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Kielbasa in Sauerkraut Oven Fried Potatoes Chef Choice Dessert 2% Milk Coffee/Tea Water	Beer Cheeseburger Soup Saltines Turkey Cranberry Sandwich Tossed Salad Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water

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